

# *Helping Hands Committee*

## *Volunteer Application*

Thanks for your interest in volunteering for the Freethought Society's (FS) Helping Hands Committee. Remember that you will never be asked to extend financial assistance to the efforts of this committee. If a purchase is made by a volunteer, the receipt must be sent to FS for reimbursement; or, financial assistance can also be presented to FS for a tax-deductible receipt instead of reimbursement.

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, and Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Email address: \_\_\_\_\_

Please tell FS which of the following assistance you can provide:

- Grocery Shopping (only necessary trips and limited to one or two stores per visit)
- Changing bed sheets (once a week)
- Washing dirty sheets and clothing and returning them to recipient's home
- Cleaning (dusting, washing dishes, sweeping, etc.)
- Providing transportation to doctor appointments, hair salon, hospital, bank, post office and other miscellaneous grooming/medical appointments.
- Taking special requests and attempting to fulfill the needs of the recipient. For instance, a volunteer may be asked to pick up and drop off video rentals and bring items of entertainment to recipient (puzzles, books, etc.).
- Spending time visiting and communicating with the recipient and offering friendship. Most "shut-ins" are lonely and need human connections. This can be achieved in person or over the phone. Recipients also enjoy getting cards, letters, and postcards from volunteers.